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Making Bread

The
Magazine
for Women
Who Need
Dough

ON THE ROAD TO SPLITSVILLE?



"Try to make business decisions, not emotional decisions," says Stacy Phillips, a certified family law specialist and management partner with Phillips, Lerner and Lauzon, a law firm based in Los Angeles.

Wear a White Hat to Court

While you're gathering information and preparing yourself for a new life, don't fall into common traps, advises Phillips. **"First of all, don't use your lawyer as your therapist,"** she says. **It's too expensive, and lawyers don't have the right skills. Hire a therapist to make the process easier.** Don't seek financial advice from your friends or your hairstylist, either, she adds.

"It's often bad advice."

And don't jump into declaring war on your ex-spouse through the courts. Instead, Phillips recommends that husbands and wives try to work things out between themselves as much as possible. It saves money & cuts down on the stress of splitting up for everyone concerned.